	Year 7 Fortnightly	Year 8 Weekly	Year 9 Weekly	Year 10 Fortnightly	Year 11 Fortnightly
Autumn	**Relationships - Courtesy** L1 Good citizen L2 Banter L3 Cyberbullying L4 Positive Relationships	**Health and Wellbeing - Courage** L1 Self Awareness L2 Smoking L3 Vaping L4 Drugs L5 Drugs and the law L6 Alcohol L7 Binge Drinking L8 Social Media L9 Domestic Conflict L10 Resilience L11 Role Models L12 Happiness L13 Managing behaviour L14 Personal Development L15 Overview *House Competition*	**Living in the Wider World - Courtesy** L1 Human Rights L2 Discrimination and Equality Act 2010 L3 Discrimination – Teens and Media L4 Homophobia L5 Disabilities L6 Abuses L7 Charities L8 Multiculturalism	**Health and Wellbeing – Courage and Courtesy** L1 Personal safety L2 Cancer L3 Vaccinations and Donors L4 Road and Traffic Safety L5 Digital footprint L6 Hate crime L7 Acid Attacks L8 Homelessness *House Competition*	**Careers - Courage** L1 What do I want to be? L2 Post 16 options L3 Applications L4 Interviews
	Relationships, Health and Wellbeing - Courage L1 Identity L2 Puberty L3 Periods L4 FGM		**Careers – Courage** L1 What do I want to be? L2 Wants and Needs L3 *Teamwork and Communication* L4 Stem Subjects L5 Right Career L6 CV L7 GCSEs *House Competition*		**Living in the Wider World - Courage** L1 Independent Living L2 Budgeting and avoiding debt L3 Tax and NI L4 How is tax spent
Spring	**Careers - Courage** L1 NHS Introduction L2 NHS Job description L3 NHS Job Advert *House Competition*	**Relationships - Courtesy** L1 Body Image Girls L2 Body Image Boys L3 Selfies L4 AI and Deepfakes L5 Body Shaming L6 Eating disorders L7 Gender and Trans Identity L8 Prejudice, Discrimination and sexism L9 Subcultures L10 Social Media L11 Tolerance	**Health and Wellbeing – Courage** L1 Mental Health L2 Body positivity L3 Gambling L4 Stress L5 Anxiety L6 Self Harm L7 Taking a life L8 Sleep L9 Screen time L10 Social Media and AI L11 Grief and Bereavement	**Relationships - Courtesy** L1 Family L2 Long Term Commitments L3 Forced/Arranged marriages L4 Child Exploitation L5 Parenting L6 Teen Pregnancy	**Relationships – Courage and Courtesy** L1 Good relationships L2a Safe Sex Contraception L2b Safe Sex with KCS L3 Safe Sex STIs L4 Harassment and stalking L5 Rape and sexual assault L6 Domestic violence
	Living in the Wider World – Courage and Courtesy L1 British Values L2 Racism L3 Radicalisation				
Summer	**Health and Wellbeing – Courage** L1 Lifestyle L2 Balanced Diet L3 Nutrition L4 Being Unhealthy L5 Energy Drinks L6 Mental Wellbeing L7 Exercise L8 Overview	**Living in the Wider World - Courage** L1 Knife Crime L2 County Lines L3 Online Grooming L4 Sextortion L5 Social Media and the law L6 Criminal Justice System L7 Youth offenders	**Relationships - Courtesy** L1 Good relationships L2 Falling in Love L3 LGBTQ+ L4 Types of relationships L5 Break ups L6 Consent L7 Porn L8 Sexting L9 Revenge Porn L10 Peer pressure L11 Safe sex L12 STIs L13 Fertility L14 Parenting	**Careers - Courage** L1 What do I want to be? L2 Rights and Responsibilities L3 Health and Safety L4 Trade Unions	
		Careers - Courage L1 What do I want to be? L2 Public Sector L3 Private Sector L4 Self Employment L5 Enterprising L6 Aspirational L7 Skills		**Living in the Wider World - Courage** L1 Income L2 Financial Products L3 Consumer rights L4 Money Laundering	